



## ZIMBABWE SWIMMING BOARD OF CONTROL

P.O. Box HG 393  
Highlands  
Harare

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### HIGH PERFORMANCE DEVELOPMENT PROGRAMME

#### ABBREVIATIONS

- a. ZSBC = Zimbabwe Swimming Board of Control.
- b. ZAU = Zimbabwe Aquatic Union.
- c. HPDP = High Performance Development Programme.

#### TERMINOLOGY

- a. Programme coach = High Performance Development Programme coach.
- b. Programme manager = High Performance Development Programme manager.

#### OBJECTIVES

1. To send swimmers of sufficient caliber to the 2008 and 2012 Olympic games in Beijing and London respectively.
2. To identify potential Olympians in the sport of swimming.
3. To develop the potential Olympian to realize his/her full potential.
4. To make funding available to successful applicants of the High Performance Development Programme for: tours, swimwear, nutrition and supplementary training.
5. To make available to successful applicants of the High Performance Development Programme: scholarships for further studies and swimming development in South Africa and overseas.
6. To secure sponsorship for successful applicants to the High Performance Development Programme: for swimming camps in South Africa and overseas.

#### OVERVIEW

The Zimbabwe Swimming Board of Control (ZSBC) as the principle National authority for the sport of swimming in Zimbabwe, recognises the need to be pro-active in the identification and development of swimmers for the highest possible level of excellence in the sport of swimming, that is, the Olympic games. In order to realize this goal, the ZSBC offers swimmers the opportunity to realise their Olympic aspirations by setting up the High Performance Development Programme (HPDP). Swimmers must apply to join the programme and if successful, they will benefit from the initiatives of the ZSBC to make available to the HPDP swimmer; access to funding, sponsorship and scholarships as and when these become available.

#### APPLICATIONS

All swimmers interested in joining the HPDP must submit a written letter of application addressed to the "Convener of Selectors" P.O. Box HG 393, Highlands, Harare.

The letter of application must be accompanied by the following supporting documents:

1. Letter of support from the swimmer's coach.
2. Letter of support from the swimmer's parent/s or guardian/s.
3. Letter of support from the school/college/university.
4. Current swimming curriculum vitae.
5. Certified copy of the swimmer's birth certificate.
6. Certified copy of the swimmer's passport (details only).
7. Letter from a medical doctor on current medical condition including any prescribed medication.

### INTERVIEWS

At the discretion of the panel of National Selectors, swimmers who have applied to join the HPDP, may be required to attend an interview at a time and venue to be determined by the selectors. Swimmers who fail to attend a scheduled interview, without an apology and explanation, will automatically forfeit their application and will not be considered thereafter. The interviewing panel will also include, in addition to the panel of selectors, the programme manager and coach. The swimmer who is called to attend an interview must ensure that they have their original documents i.e. birth certificate and passport.

### NOTIFICATION

The Convener of Selectors will notify the ZSBC of the decision of the panel of selectors. The ZSBC will ratify and notify the applicant in writing of the decision of the selectors. The decision must be ratified by the Zimbabwe Aquatic Union (ZAU).

### APPEALS

Appeals arising from the decision of the selectors must be put in writing, within 48 hours of formal notification, and be addressed to the "Convener of Selectors" P.O.Box HG 393, Highlands, Harare, who will forward such appeals to the ZSBC whose decision will be final.

### SUCCESSFUL APPLICANTS

All successful applicants will be required to sign an undertaking to devote themselves to the sport of swimming which is to be their priority sport. This signed undertaking will extend to the coach and parent/s or guardian/s of the swimmer. The swimmer will be expected to at least meet the Programme coach's minimum training distance / sessions per week. However the training programme used to achieve the minimum required distance / sessions will be at the discretion of the swimmer's coach.

### SPECIALISATION

The programme coach may recommend that a swimmer specialise on specific strokes and distances. This is to ensure that every possible chance is given to the swimmer to realise their Olympic aspirations. This recommendation is to be communicated by the programme coach via letter, fax or email, to the respective coach and the HPDP swimmer.

### REPORTS

The swimmer's coach will be required to submit a written report once a month on the training progress. The report format will be determined by the programme coach and can either be faxed or emailed. The National Results Convener will make available, to the programme coach, print outs of gala results of the HPDP swimmers.